

SHEOWS ANNUAL REPORT 2013-2014

NAME OF ORGANIZATION:	SAINT HARDYAL EDUCATIONAL AND ORPHANS WELFARE SOCIETY (SHEOWS)
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NAME OF PROJECT COMPONENT:	To provide better facilities & services to the inmates of our Old Age Home
PERIOD OF REPORT:	1 st April 2013 to 31 st March 2014
PROJECT CONTACT:	<p style="text-align: center;">Name: Dr. G.P. Bhagat</p> <p style="text-align: center;">Designation: General Secretary</p>

I. PROJECT DETAIL

1. Overall Program Objective: To provide shelter, food, clothes and medical care to the destitute old in our Old Age Home.

No. of Direct Beneficiaries: 125 were staying in Delhi home & 25 at Garhmukhteshwar

ACTIVITIES PLANNED AND DONE:

Activity	Input given for carrying out the activity	Qualitative output	Quantitative output	Time frame	Activity conducted by whom
Activity No.1 Provided 150 inmates shelter, food, clothes, and care to the mentally and physically destitute and old.	Provided better facilities <ul style="list-style-type: none"> ▪ Constructed Big Hall ▪ Appointed More Care Givers ▪ Provided one Van and Two Care Givers 	Nutritious Food <ul style="list-style-type: none"> ▪ Daily <ul style="list-style-type: none"> ○ Green Vegetables ○ Fruits 	Services being given to 150 inmates and more.	12 months	Dr. G.P. Bhagat

	for serious patient to take to the hospital				
Activity No.2 Provided Special Care for Sugar patients.	<ul style="list-style-type: none"> Routine Sugar Check up 	<ul style="list-style-type: none"> Special tea & medicines with regular check-up. Better health & improvement in immune system. 	Services being given to 50 sugar patients.	12 months	Doctor
	<ul style="list-style-type: none"> Doctor visited daily for 1 hours. 	<ul style="list-style-type: none"> Provided Regular Medicine 	Good Health and decrease in death rate.	12 months	Doctor, Physiotherapist and Nurse
Activity No.3 Provided 150 elderly hygienic condition of living, and monthly medication.	<ul style="list-style-type: none"> Provided special care (medication, love & affection) for Alzheimer and Dementia affected people 	<ul style="list-style-type: none"> Improvement in health and treatment of fractured, paralytic and bedridden people. 	Services being given to 150 and more inmates.	12 months	Staff & Doctors
	<ul style="list-style-type: none"> We have appointed a part time physiotherapist. 	<ul style="list-style-type: none"> Fractured and paralytic Patients are getting benefit. 	50 old are getting benefit.	Started in month of April	
Activity No.4 Provided inmates with regular health check-up, medicines and physiotherapy	<ul style="list-style-type: none"> Provided Physiotherapy, Yoga and Naturopathy. 	<ul style="list-style-type: none"> Better health and decrease in death rate. 	Services being given to 150 and more inmates.	12 months	Staff & Physiotherapist

Activity No.5 Provided regular health check-up of phsyatric patient	<ul style="list-style-type: none"> ▪ Pending 	<ul style="list-style-type: none"> ▪ Pending 	Pending	-	-
Activity No.6 Regular Visits of Volunteers	<ul style="list-style-type: none"> ▪ Volunteers visits every day and give mental & moral satisfaction to the inmates. 	<ul style="list-style-type: none"> ▪ Improvement in daily life & inmates get mental satisfaction. 	Services being given to 150 and more inmates.	12 months	Volunteers
Activity No.7 Regular Bhajan Kirtan organized for the inmates	<ul style="list-style-type: none"> ▪ Geeta Path & regular bhajan kirtan. 	<ul style="list-style-type: none"> ▪ Inmates get spiritual healing 	Services being given to 150 and more inmates	12 months	Staff & Inmates.
Activity No.8 Regular Campaign for wider awareness of the need to reach out to the old and the destitute	<ul style="list-style-type: none"> ▪ Regular awareness material distributed in <ul style="list-style-type: none"> ○ Schools ○ Colleges ○ Corporates Offices 	<ul style="list-style-type: none"> ▪ People come to know about the fact, situations and problems of these inmates. 	Services being given to Delhi and NCR.	12 months	Staff, College students and Volunteers
Activity No.9 Organized two Annual Function (Sankulp Divas) for larger dissemination of the Centre's Vision and Mission	<ul style="list-style-type: none"> ▪ Organised two Annual Function (Sankulp Divas) for wider outreach. ▪ Celebrated Festivals birthday etc. 	<ul style="list-style-type: none"> ▪ Increase in Happiness. 	Services being given to 125 and more inmates.	12 months	SHEOWS Staff

<p>Activity No.10</p> <p>Construction and overall development of both Old Age Home and self-sustainability.</p>	<ul style="list-style-type: none"> Construction of new advanced Old Age Home at Garhmuktesh war with proper 128 beds and 8 Wards with all the facilities stared. The total corporate area is 14000 sq.ft. 	<p>All the inmates residing in Old Age Home will get better care with all advance facilities permanently.</p>	<p>Services being given to more inmates.</p>	<p>12 months</p>	<p>Management</p>
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2. Impact Assessment:

Activity	Output (how has the project changed the lives of its beneficiaries)	Indicators (how has this change been measured)	Qualitative results	Quantitative results
<p>Shelter food, clothes and Medical care being provided to 150 mentally and physically disabled old.</p>	<p>The ultimate impact of the project will be that the poor helpless and destitute an old aged person from the New Delhi/NCR will enjoy a sound and fulfilling old aged life.</p>	<p>Better health and the decrease of death rate.</p>	<p>Better improvement in health and hygiene of the residents,safe accommodation and placement where they will enjoy their old aged.</p>	<p>About 150 residents are getting benefit.</p>

3. Sustainability: The Organization is trying to become self-sustainable within the time period of next two to three years.

SHEOWS started its 1st Old Age Home in 2003. In last 11 years many individual donor join the organization and philanthropic donor. We are trying to modernize our approach and reach maximum people to contribute to this Nobel cause. To sustain and provide maximum benefits to the destitute old aged inmates SHEOWS will approach various strategies to sustain the project. To sustain the project we will take the following steps:-

- We are requesting all our visitors/supporters to celebrate their birthday/anniversaries at our home and support at least one meal of the day. Similarly we are requesting our corporate friends to adopt our elderly residents.
- Request towards our visitors to adopt the elderly residents of our Old Age Home.
- Build our network of regular donor
- Try that maximum guests are adopted in the Old Age Home
- Invest regularly our corpus donation to cover routine expenses of the Home
- Build network of volunteer

We have also planned the following programmes for the Garhmukteshwar Old Age Home so that the old age home is self -sustainable:-

- Produce fruits and vegetables in our Old Age Home
- Farming
- Nutrition and medicines will be from organic farming
- Horticulture Farming
- **Cow Shed (Gaushala)** – Dairy production
- Honey bee

Bio Gas Plant

- For getting BIO GAS for cooking and Compost as manure.

Solar System Plant

- To have independent, Eco-Friendly system for Electricity Generation.

6. Conclusion:

- During last financial year the number of old people has increased about 15%. Even though the number of bedridden, handicapped old has increased but we have provided better facilities and services in compare to the previous years.
- We have started our new facility in Garhmukteshwar, which can keep upto 50 elderly in temporary shades.
- The main problem faced is increased number of bedridden inmates. We could not employ more care givers, doctors, nurses and physiotherapist due to financial problem. The overall performance of the care givers and the conditions of the inmates were satisfactory.

NAME OF ORGANISATION: Saint Hardyal Educational and Orphans Welfare Society (SHEOWS).

AUTHORISED SIGNATURE: Dr. G.P. Bhagat

DATE: April 11, 2014