

SHEOWS ANNUAL REPORT 2015-2016

NAME OF ORGANIZATION:	SAINT HARDYAL EDUCATIONAL AND ORPHANS WELFARE SOCIETY (SHEOWS)
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NAME OF PROJECT COMPONENT:	To provide better facilities & services to the inmates of our Old Age Home
PERIOD OF REPORT:	1 st April 2015 to 31 st March 2016
PROJECT CONTACT:	
Name:	Mr. Saurabh Bhagat
Designation:	Director

I. PROJECT DETAIL

1. Overall Program Objective: To provide shelter, food, clothes and medical care to the destitute old in our Old Age Home.

No. of Direct Beneficiaries: 120 at Delhi Old Age Home & 130 at Garhmukhteshwar Old Age Home.

ACTIVITIES PLANNED AND DONE:

Activity	Input given for carrying out the activity	Qualitative output	Quantitative output	Time frame	Activity conducted by whom
Activity No.1 Construction and Inauguration of Women's Wing of 128 Beds at Garhmukhteshwar supported by Japan embassy.	Construction and Inauguration of New Building with capacity of more than 128 elderly.	Increased Capacity of the Old Age Home led to more admission, more spacious hall, medical center, laboratory accomodates	Services being given to 128 inmates and more can be accomodated.	12 months	Dr. G.P. Bhagat

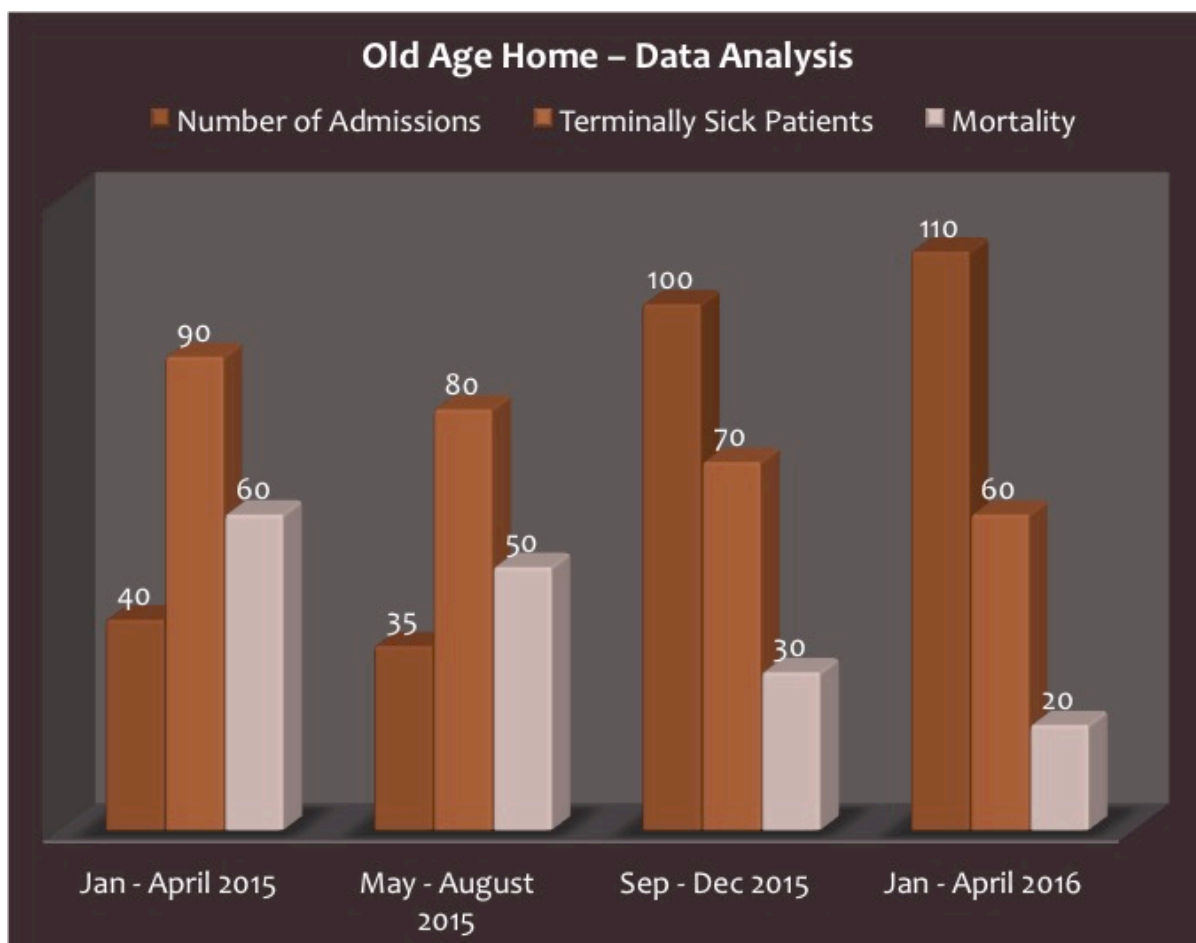
		more elderly and they are getting more comfort and care in the Old Age Home.			
Activity No. 2					
Solar Power Back Up of 20 KVA Installed at Garhmukhteshwar	Installation and Inspection of Site	Free electricity to the Elderly Inmates for more than 12 Hours	More than 130 elderly benefitted	2 months	Mr.Saurabh Bhagat
Activity No.3					
ICU and Minor Operation Theater setup in New Delhi	ICU Machine and Operation Theatre Equipments Procured	<ul style="list-style-type: none"> Better Care provided to the Terminally Ill Edlerly. Minor Surgeries are being carried out in the Old Age Home. 	Services being given to 120 sugar patients.	12 months	Doctor
	<ul style="list-style-type: none"> Team of Nurses and Doctor Appointed 	<ul style="list-style-type: none"> Provided Regular Medicine and Treatment 	Good Health and decrease in death rate.	12 months	Doctors and Nurses
Activity No.4					
Provided 250 elderly monthly medication.	<ul style="list-style-type: none"> Provided special care (medication, love & affection) for Alzheimer and Dementia 	<ul style="list-style-type: none"> Improvement in health and treatment of fractured, paralytic and bedridden 	Services being given to 250 and more inmates.	12 months	Staff & Doctors

	<p>affected people</p> <ul style="list-style-type: none"> We have appointed a p physiotherapist. 	<p>people.</p> <ul style="list-style-type: none"> Fractured and paralytic Patients are getting benefit. 	<p>250 old are getting benefit.</p>		
<p>Activity No.5</p> <p>Provided inmates with regular health check-up and physiotherapy</p>	<ul style="list-style-type: none"> Provided Physiotherapy, Yoga and Naturopathy. Best In Class (Imported Machines) installed at our Old Age Home. 	<ul style="list-style-type: none"> Better health and decrease in death rate. Elderly with imobility and body pains reduced substantially 	<p>Services being given to 130 and more inmates.</p>	<p>12 months</p>	<p>Staff & Physiotherapist</p>
<p>Activity No.5</p> <p>Provided regular health check-up of phsyatric patient</p>	<ul style="list-style-type: none"> Neurologist Appointed 	<ul style="list-style-type: none"> Mental and Physicla Relief to the Psychatric Patients. 	<p>Services given to 80 elderly</p>	<p>12 months</p>	<p>Neurologist</p>
<p>Activity No.6</p> <p>Regular Visits of Volunteers</p>	<ul style="list-style-type: none"> Volunteers visits every day and give mental & moral satisfaction to the inmates. 	<ul style="list-style-type: none"> Improvement in daily life & inmates get mental satisfaction. 	<p>Services being given to 130 and more inmates.</p>	<p>12 months</p>	<p>Volunteers</p>

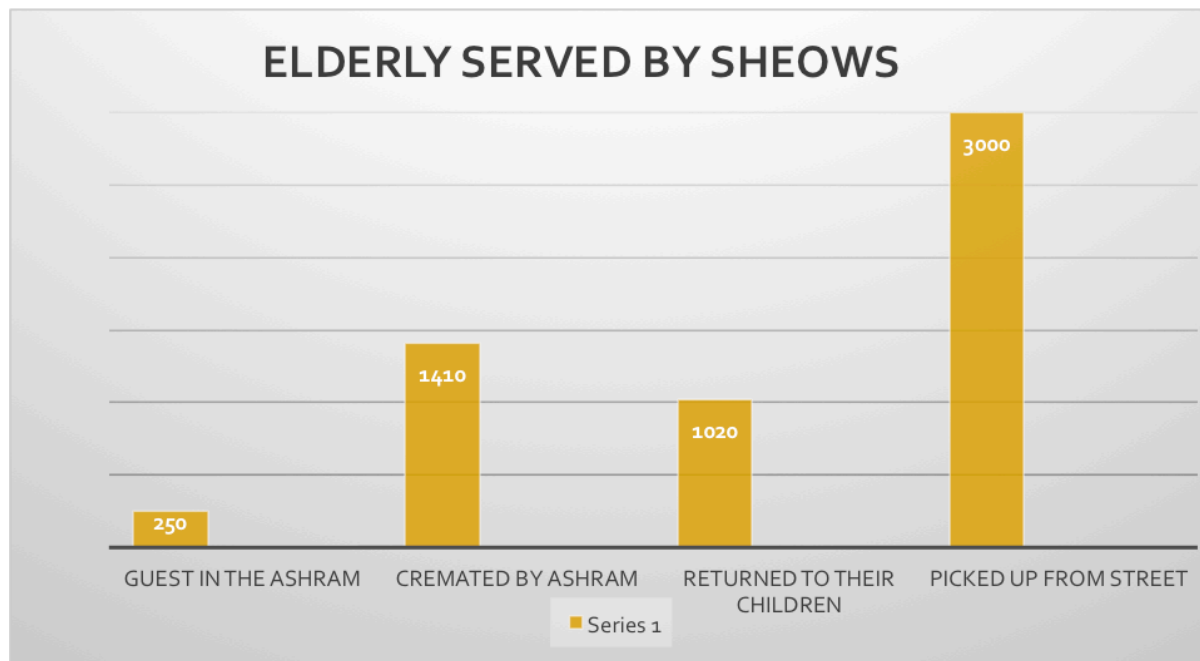
<p>Activity No.7 Regular Bhajan Kirtan organized for the inmates</p>	<ul style="list-style-type: none"> ▪ Geeta Path & regular bhajan kirtan. 	<ul style="list-style-type: none"> ▪ Inmates get spiritual healing 	<p>Services being given to 180 and more inmates</p>	<p>12 months</p>	<p>Staff & Inmates.</p>
<p>Activity No.8 Regular Campaign for wider awareness of the need to reach out to the old and the destitute</p>	<ul style="list-style-type: none"> ▪ Regular awareness material distributed in <ul style="list-style-type: none"> ○ Schools ○ Colleges ○ Corporates Offices 	<ul style="list-style-type: none"> ▪ People come to know about the fact, situations and problems of these inmates. 	<p>Services being given to Delhi and NCR.</p>	<p>12 months</p>	<p>Staff, College students and Volunteers</p>
<p>Activity No.9 Organized two Annual Function (Sankulp Divas) for larger dissemination of the Centre's Vision and Mission</p>	<ul style="list-style-type: none"> ▪ Organised two Annual Function (Sankulp Divas) for wider outreach. ▪ Celebrated Festivals birthday etc. 	<ul style="list-style-type: none"> ▪ Increase in Happiness. 	<p>Services being given to 180 and more inmates.</p>	<p>12 months</p>	<p>SHEOWS Staff</p>
<p>Activity No.10 Construction of New Building sponored by EIL.</p>	<ul style="list-style-type: none"> ▪ Construction of new advanced Old Age Home at Garhmukteshw ar with proper 	<p>All the inmates residing in Old Age Home will get better care with all advance facilities</p>	<p>Services being given to more inmates.</p>	<p>12 months</p>	<p>Management</p>

	128 beds and 8 Wards with all the facilities started. The total corporate area is 14000 sq.ft.	permanently.			
Activity No. 11					
Night time rescue of elderly	Night Rescue team consisting of 2 Vans and 6 employees	Elderly are picked up at night also. They don't need to suffer all night in the harsh climate	Picked more than 300	12 months	Night Rescue Team

Data Analysis of 2015-16



Elderly Served by SHEOWS



2. Impact Assessment:

Activity	Output (how has the project changed the lives of its beneficiaries)	Indicators (how has this change been measured)	Qualitative results	Quantitative results
Shelter food, clothes and Medical care being provided to 180 mentally and physically disabled old.	With your kind support. We have appointed part time physician and Jr. And Sr. Care taker. With the result the quality of Medical care has been improve as well as there is qualitative	Better health and the decrease of death rate.	Better improvement in health and hygiene of the residents. The poor helpless and destitute old aged will have a safe accommodation and placement where they will	About 180 residents are getting benefit.

	<p>improvement in services also.</p> <p>The ultimate impact of the project will be that the poor helpless and destitute an old aged person from the New Delhi/NCR will enjoy a sound and fulfilling old aged life.</p>		<p>enjoy their old aged.</p> <p>Gaining adequate nutrition, physical exercise and quality healthcare the poor helpless and destitute old aged will lead a healthful life.</p>	
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3. Sustainability: The Organization is trying to become self-sustainable within the time period of next two to three years.

SHEOWS started its 1st Old Age Home in 2003 and have built 2 more buliding in Last 2 Years. We have successfully aligned ourselves with corporates to help the NGO. In last 12 years many individual donor join the organization and philanthropic donor. We are trying to modernize our approach and reach maximum people to contribute to this Nobel cause. To sustain and provide maximum benefits to the destitute old aged inmates SHEOWS will approach various strategies to sustain the project. To sustain the project we will take the following steps:-

- We are requesting all our visitors/supporters to celebrate their birthday/anniversaries at our home and support at least one meal of the day. Similarly we are requesting our corporate friends to adopt our elderly residents.
- Request towards our visitors to adopt the elderly residents of our Old Age Home.
- Build our network of regular donor
- Try that maximum guests are adopted in the Old Age Home
- Invest regularly our corpus donation to cover routine expenses of the Home
- Build network of volunteer

We have also planned the following programmes for the Garhmukteshwar Old Age Home so that the old age home is self -sustainable:-

- Vegetables are being produced in Garhmukhteshwar which serve as a nutritious meal for the elderly.
- Farming
- Nutrition and medicines will be from organic farming

- Horticulture Farming
- Cow Shed (Gaushala) – Dairy production has been started and we have 20 Cows at our Old Age Home.

Bio Gas Plant

- For getting BIO GAS for cooking and Compost as manure.

Solar System Plant

- We have installed Solar Power System and Solar Water Geysers at our Old Age Home to have independent, Eco-Friendly system for Electricity Generation.

6. Conclusion:

- During last financial year the number of old people has increased about 28%. Even though the number of bedridden, handicapped old has increased but we have provided better facilities and services in compare to the previous years. We have space available for more than 500 elderly at present. We also have an extensive medical center consisting of a physiotherapy center, ICU, Blood Testing laboratory, X-RAY facility and a minor Operation Theater.
- Implementing better project management and fund raising team to run the NGO.

NAME OF ORGANISATION: Saint Hardyal Educational and Orphans Welfare Society (SHEOWS).

AUTHORISED SIGNATURE: Mr. Saurabh Bhagat

DATE: April 10, 2016