

ANNUAL REPORT

SAINT HARDYAL EDUCATIONAL AND ORPHANS WELFARE SOCIETY
(SHEOWS)



2016-2017



Old Age Home:

Guru Vishram Vridh Ashram, Gautampuri, Phase-1, New Delhi-110044

Guru Vishram Vridh Ashram, Village Lathira, Garhmukteshwar, UP-245205

Head Office: B-11, Ground Floor, Greater Kailash Enclave 1, New Delhi- 110048

Email: oldagehome@sheows.org

Website: www.oldagehomeindia.in

Helpline: 8588-888-999

- 1. Organization's Name** **Saint Hardyal Educational and Orphans Welfare Society (SHEOWS)**
- 2. Legal Status** It is registered under Society Registration Act 1860 and the Foreign Contributions (Regulation) Act, 1976.
- 3. Year of establishment** 1994
- 4. Contact Person and Contact Information** Dr. G P Bhagat
Email: vridhashram@oldagehomeindia.in
Website: www.oldagehomeindia.in
Helpline Number: 8588-888-999

Reporting Period	April'16 – March'17	Report Status	Annual
Reported Date	18 th April'17	Reported by	Saurabh Bhagat
Project Timeline	April'16 – March'17	Number of individuals benefitted in this period	475

Background

Guru Vishram Vridh Ashram- The brain child of SHEOWS works for the welfare of helpless old and other oppressed people of the society. It is registered under Society Registration Act 1860 and the Foreign Contributions (Regulation) Act, 1976.

Most of the elderlies are picked up from the streets of Delhi through our rescue vehicle and some are procured through police/ hospital authorities. In many of the cases, the rescued elderlies are in adverse conditions suffering from number of either mental or physical illness, or both. Mental illness includes Alzheimer's disease, Dementia etc. and physical illness includes paralysis, fractured bones etc.

Currently, we are taking care of 275 elderly residents in our New Delhi and Garhmukteshwar Ashram. Since, the ashram has been setup, we are providing free food, shelter and medical care service to over 3120 elderly individual. About 1410 residents have been cremated by now and more than 1435 people have been rehabilitated and sent to their own homes.

Purpose of the Project

Vision: To provide due care to the helpless and destitute and old Aged persons in the society and even those Aged persons neglected by the family and did not get proper care due to poverty, so that they live as valued members of the society with a peace of mind before going to their eternal home.

Goal: To Ensure a sound and friendly environment for the poor helpless and destitute towards achieving a promising peaceful conditions for them fostering their physical, mental, social and spiritual development and wellbeing as well.

Purpose of the project: To ensure access of 475 poor helpless and destitute and Old Aged persons in Gautampuri, Delhi and Garhmukteshwar, UP, safe accommodation, tender love, proper care, nourishment, health service and other basic needs.

Specific Objectives:

1. To ensure adequate nourishment and clothes for the targeted poor helpless, destitute and old Aged person.
2. To ensure access to instant and quality health care for the poor helpless, destitute and Old Aged persons so that they can get awareness on health and hygienic issues.

3. To create an effective an Old Aged friendly learning environment for the poor helpless and destitute an Old Aged persons within the Old Aged Home, so that they can live peacefully as their own Home.
4. To provide an Old Aged persons access to mental support, fellowship activities, recreational facilities, social affairs and spiritual formation.
5. To promote resource generating activities for financial sustainability of the old aged home beyond donor funding.

Overall Program Objective: Providing health care facilities, accommodation and meals to helpless old and other oppressed people of the society.

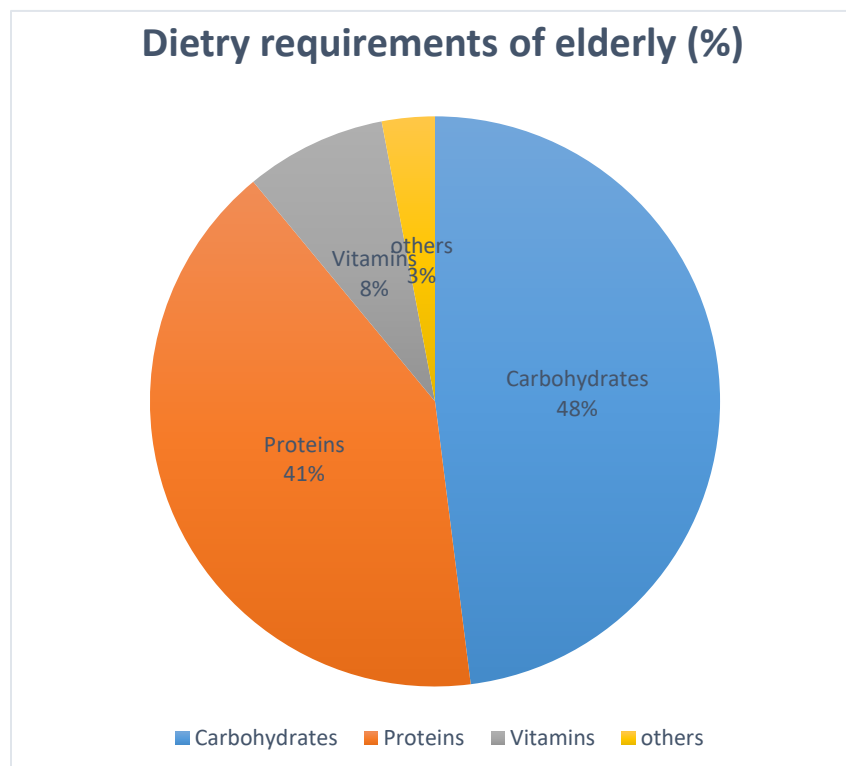
Number of Direct Beneficiaries: 105 at Delhi Old Age Home & 170 at Garhmukhteshwar Old Age Home.

Activity 1

Objective: To create safe, secure & homely environment for the elderly

Once the registration process is done, we provide to our elderlies a safe sheltered accommodation to give a sense of safety and security. They are provided round the clock assistance for easy execution of their daily tasks. They are also provided fresh clothes and nutritious food to promote healthy and hygienic living pattern and improve their health conditions.

The project focuses on a strict food regime to promote better health and fitness among the elderlies. Nutritious, balanced diet that includes well balanced diet having proteins, vitamins and carbohydrates as per the requirement of the individual is taken care and provided on daily basis (Daily organic Vegetables, Fruits and food and supplements rich in calcium and other vitamins like milk, curd and Horlicks).



1. Every morning- Milk with Horlicks of 200 ml & Seasonal fruits every alternate day
2. Normal breakfast-Poha, Chana, Dalia, Namkeen Dalia with Tea/Coffee
3. Special breakfast on every Sunday south Indian dishes (Idli, Vada with Sambar) with fruits and Tea/Coffee
4. Special lunch minimum two times in a week (Butter Roti, Veg Biryani, chole/rajma/kofta, sabji, paneer, kheer/sweets and Papad).
5. Normal lunch & dinner (sabji of organic vegetables, non-polished dal, roti and rice)

Other Provisions:

Electricity

- Air conditioners, air purifiers, room heaters & geysers facility with 24X7 power back up.
- Lift for critical patients.
- Aqua guard water purifier.
- Electronic surveillance by CCTVs is provided 24x7 hours.
- Physiotherapy for 9hrs for elderlies every day.

Transportation

- 2 Rescue vehicles running 100 km every day to rescue helpless people.
- Referring critical patient to Govt. Hospital
- Buying medicines
- Collecting Cloths
- Banking work
- Maintaining medical equipment
- Cremation

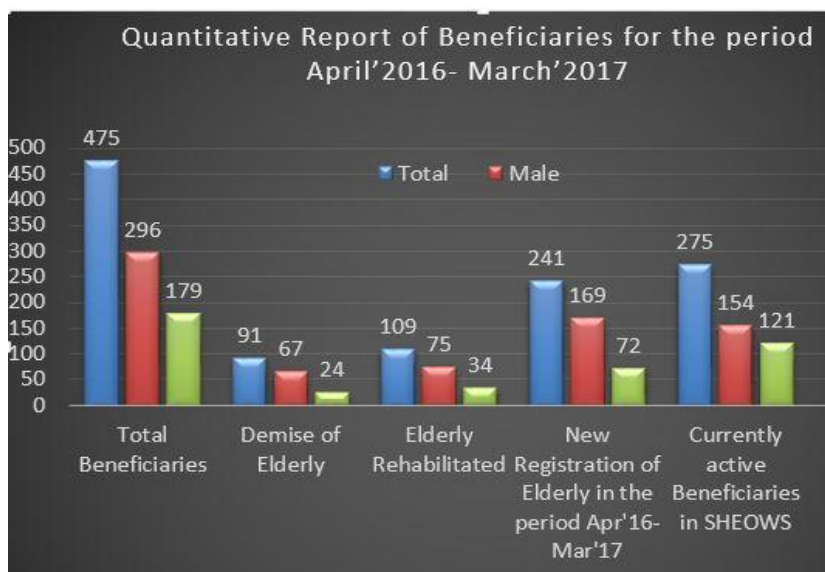
Security

- Electronic surveillance by CCTV is provided 24x7 in Ashram premises to monitor activities of elderlies.
- The founder of SHEOWS, Dr. G. P. Bhagat stays at old age home & also monitors works of all medical staffs, care givers towards elderly with help of CCTV.

Cremation

- We make sure that the cremation is done properly in accordance with the religious rituals of deceased.

QUANTITATIVE ANALYSIS OF BENEFICIARIES



Quantitative output for the period Apr'16-Mar'17

1. Total beneficiaries from APR 2016- MAR 2017 =475 (Men=296, Women=179)
2. No. of demises =86 (Men=65, Women=21)
3. Elderlies reunited with the family=109(Men=79, Women=30)
4. New registrations in 2016-17 =241(Men=169, Women=72)
5. No. of elderlies in Delhi =102 (Men=58, Women=44)

Means of Verification

Admin Record and Medical Record

Activity 2: Medical Care for Residents

Objective: To achieve overall improvement in health of the elderly

Periodic checkup, regular physiotherapy treatment, hematology profile blood test and daily administering of medicines are ensured for the elderly residents. Critical patients like cancer, patients with special eye care needs, tuberculosis; any major operations are referred to AIIMS. Special attention is given to physically disabled (paralyzed & fractured) and mentally Disabled (dementia and Alzheimer's disease).

Special care is rendered to the elderly residents who are paralyzed and bed ridden. They are also provided with special bed sore mattresses and diapers which are changed and cleaned regularly. It is a continuous endeavor of the staff of the project to maintain the hygiene of the premises. RO water is provided for the elderly to reduce any risk of water borne diseases. Special precautionary care is also taken during food preparations like wearing of gloves and cap.



Pathology lab with latest equipment like cell counter, electrolytes and biochemistry having 248 blood testing machine and blood sample storage.

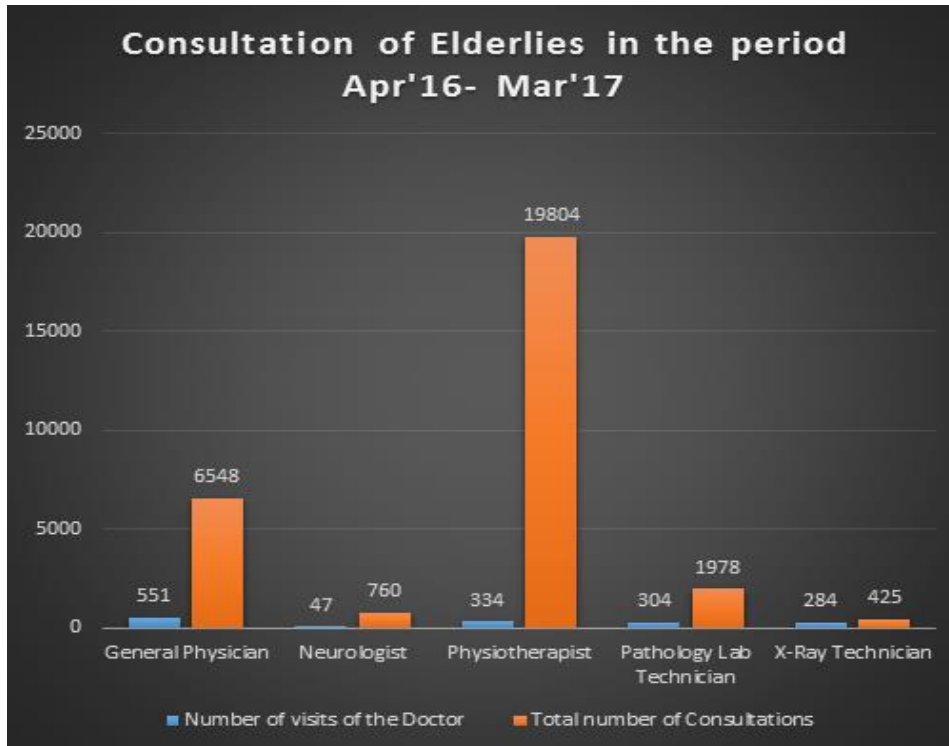


Provision of ICU for critical patients with an accommodation of 10 along with full time qualified Doctors and nursing staff.



Physiotherapy unit wherein all latest technique equipment are used for providing physical healing to our elderlies.

Consultation of Elderlies



Consultation of Elderlies in the period

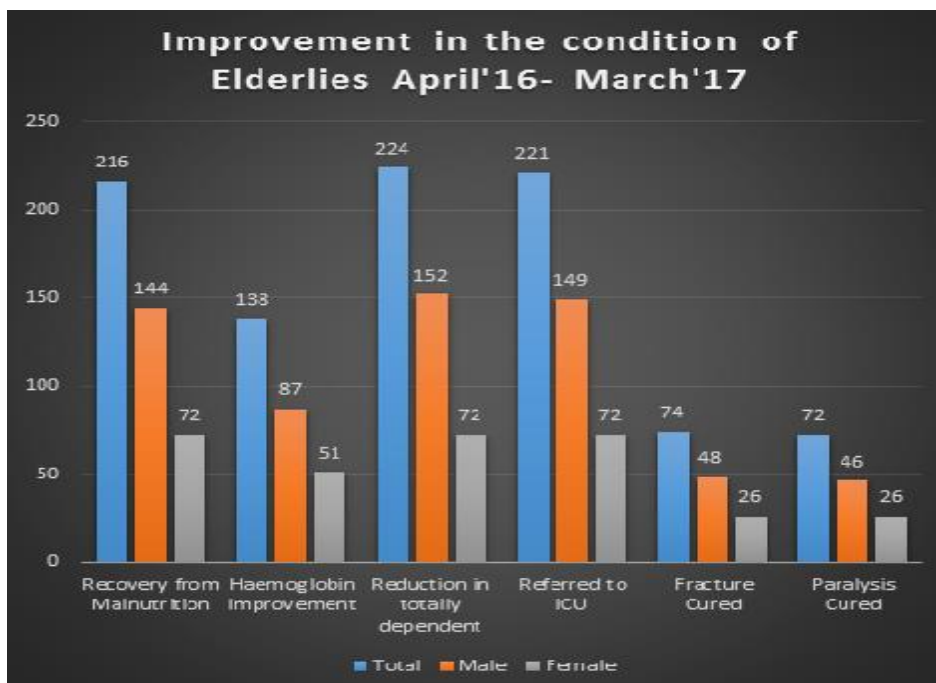
Apr'16-Mar'17

General Physician: No. of Doctor's visit= 551
 Total Consultations= 6548
 Neurologist: No. of Doctor's visit= 47
 Total Consultations= 760
 Physiotherapist: No. of Doctor's visit= 334
 Total Consultations= 19804
 Pathology Lab Technician: No. of visit= 304
 Total Consultations= 1978
 X Ray Technician: No. of visit= 284, Total Consultation= 425

Means of Verification

Admin Record and Medical Record

Improvement in the Condition of Elderly



Improvement in the condition of Elderlies in the period Apr'16- Mar'17

Recovery from malnutrition: Total= 216 (Male= 144, Female= 72)
 Hemoglobin improvement: Total= 138 (Male= 87, Female= 51)
 Reduction in totally dependent: Total= 224 (Male= 224, Female= 72)
 Referred to ICU: Total= 221 (Male= 149, Female= 72)
 Fracture cured: Total= 74 (Male= 48, Female= 26)
 Paralysis cured: Total= 72 (Male= 48, Female= 26)

Means of Verification

Admin Record and Medical Record

Activity 3: Recreational activities for Elderlies at Old Age Home

Objective: To maintain homely, lively and healthy environment in Ashram

We all have been aging since we were born and will continue to do so until death. Therefore, we all have experienced "growing" older. In reference to this experience, our emphasis should be on the word "growing" as opposed to "passing on in years" or some other euphemism, as there is a great difference in the implications of the terms. "Growing" refers to development, to progression and to change-which are formative experiences that should occur throughout all of our lives-while other expressions of aging relate more to passivity and inactivity.

In Guru Vishram Vriddh Ashram, every elderly is looked upon as our family member. All possible love, affection, devotion and dedication is given to them to keep them happy and lively. To provide our elderlies a homely comfort and atmosphere, they are given shelter with mattress, pillows, blankets and other necessary material as per their requirement. We have a television and music systems are installed in our Ashram.

Apart from recreational activities, festivals are also celebrated. Also, there's a prayer place in the Ashram. Students from school and colleges visit the elderly people for interaction and celebrations. And, we have twenty four hours pick up facility through Rescue vans that rescues the elderlies who are left unattended on the streets in adverse conditions and in most of the cases they are near to death. We also have a team of well trained workers who specialize in providing care to the special patients such as Alzheimer's disease, Dementia, and Hypertension etc.



Holi Celebration at Garhmukhteshwar Ashram, New Delhi on March'17.



Yoga activity in Guru Vishram Vridh Ashram, Garhmukteshwar, UP



Diwali celebration on 30 Oct'2016 at Guru Vishram Vridh Ashram, Gautampuri, New Delhi.



An initiative of SHEOWS. 'PARAMARTH' a gallery with unique, antique, hand crafted items that can be purchased to provide financial aid to the elderly. We also engage elderly to make some of the products.







Annual SHEOWS Awards

Every year, SHEOWS, recognizes and honors significant contributors to the elder cause on the 'International Day of Older Persons' Sankalp Diwas on 1st October'16. The awardees are chosen for their work in different categories such as Corporate Social Responsibility and leadership in action for Elder Rights and Welfare.

This day is celebrated by SHEOWS for raising awareness about issues affecting the elderly, such as senescence and elder abuse. Also, the contributions that older people make to society were appreciated.



The ceremony was started by the lightning of lamp performed by Respected Sh. Guru Vishram Manav father of DR. G P Bhagat.



The eve of the auspicious occasion of International Day of Older Persons with Saraswati Vandana.



Mr. Manish Sisodia, Deputy Chief Minister of Delhi felicitated by Dr. G P Bhagat.



Mr. Manish Sisodia felicitating the president and Chief Operating Officer of SBI Foundation for their contribution to SHEOWS.



Mr. Manish Sisodia felicitating Metlife for their contribution to SHEOWS



Mr. S B Talwar and Dr. G P Bhagat felicitating PMG Group for their contribution to SHEOWS.









Mr. S B Talwar and Dr. G P Bhagat felicitating SSIPL for their contribution to SHEOWS.










XL Group felicitated by SHEOWS for their contribution.

	<p>United Drill Tools Ltd. has adopted Elderlies of Old Age Home.</p>
	<p>EIL, under its CSR initiative, has funded construction of one block at Guru Vishram Vridh Ashram, Garhmukteshwar, UP and this block is fully furnished by EIL.</p>
	<p>SBI Foundation has adopted 145 elderlies at Guru Vishram Vridh Ashram, Garhmukteshwar, UP.</p>
	<p>MetLife has been associated with SHEOWS and has sponsored world class physiotherapy equipment, neuro medicines, and visit of neurologist on weekly basis. They have also sponsored 12 caregivers and a lab technician dedicated to serve these people. They have extended their support in Intensive Care Unit Setup at Gautampuri, New Delhi.</p>
	<p>SSIPL has extended its support by sponsoring part-electricity of the Old Age Home.</p>
	<p>Concern India Foundation has extended its support by sponsoring the income of the caregivers, physiotherapist cum doctors and social workers.</p>
	<p>Sterling Tools Ltd supports the Old Age Home and provides financial assistance to SHEOWS.</p>
	<p>Janalakshmi Finance Services Ltd has adopted Elderly Women of Old Age Home under its CSR initiative of Women Empowerment.</p>
	<p>SBI Card has adopted elderlies of Garhmukteshwar Ashram, Uttar Pradesh.</p>



 <p>BATRA HOSPITAL AND MEDICAL RESEARCH CENTRE HEALTH & HAPPINESS FOR ALL</p>	<p>Batra Hospital has provided financial support to SHEOWS.</p>
 <p>TERADATA</p>	<p>Teradata has been associated with SHEOWS and has provided financial support to our organisation.</p>
 <p>EMBASSY OF JAPAN</p>	<p>The Embassy of Japan has been associated with SHEOWS and, it has provided financial aid in the construction of the wing of female elderly at Garhmukteshwar Ashram, Uttar Pradesh.</p>
 <p>KONICA MINOLTA</p>	<p>Konica Minolta is committed to support SHEOWS under its CSR initiative by adopting elderly of Old Age Home.</p>
 <p>Dixon</p>	<p>Dixon is committed to support SHEOWS by providing financial aid for food, medicines, salary of medical professionals, electricity and transportation.</p>
 <p>CAF Charities Aid Foundation India</p>	<p>CAF India in collaboration with Nissin ABC Logistic Pvt Ltd is providing financial aid to SHEOWS.</p>
 <p>INOX GROUP</p>	<p>INOX has been associated with SHEOWS to provide financial aid for the benefit of elderly.</p>
 <p>SONY make.believe</p>	<p>SONY has been associated with SHEOWS to provide financial aid for the benefit of elderly.</p>

	<p>Tulip Industries Pvt Ltd has been associated with SHEOWS to provide financial aid for the benefit of elderly.</p>
	<p>EMU Lines is committed to support SHEOWS under its CSR initiative by providing financial aid.</p>
	<p>Oriental Bank of Commerce has been associated with SHEOWS to provide financial aid for the benefit of elderly.</p>
	<p>Biomerieux India Pvt Ltd has supported SHEOWS under its CSR initiative and contributed Rs. 3000000 for the funds to be utilized for building an ICU at the Old Age Home and fix depositing the rest amount as a corpus fund, the income from the investment to come will be utilized towards the healthcare of the Ashram.</p>
	<p>Bank of Baroda is committed to support SHEOWS under its CSR initiative by providing financial aid.</p>
	<p>Sitaram Jindal Foundation has been associated with SHEOWS to provide financial aid for the benefit of elderly.</p>
	<p>Goldmine Logistics is committed to support SHEOWS under its CSR initiative by providing financial aid.</p>

Some other Corporates are listed below:

1. Yamuna Industries
2. APM Industries Ltd
3. Oscar Wear Pvt Ltd
4. Tarash Overseas Pvt Ltd
5. A M Enterprises
6. Summit Online Trade Solutions Pvt Ltd
7. Span Furnishers Pvt Ltd
8. Competent Software Pvt Ltd

Individuals and Organizations

1. Mrs Veerawali, New Delhi
2. Mr Girdhra Govind, New Delhi
3. Capt. Anil Kumar Mahendru, New Delhi
4. Mr Abhishek Sharma (Radio City), New Delhi
5. Mr Farukh Khan, Garhmukteshwar
6. Mrs & Mr Anupam Suri, Gurgaon
7. Mr Gopal Rajgaria, New Delhi
8. Mrs Harbans Kaur Bhangoo, Gurgaon
9. Mr S K Thakkar
10. Mr Vijay Wadhawan, Noida
11. Mr Satish Bhutani, New Delhi
12. Mr Anand Khandelwal
13. Dr Jagdish Prashad, New Delhi
14. Mr Abhishek Rathore, Noida
15. Mr Arunesh JSK
16. Mr J M Mehta, New Delhi
17. Mr Vikas Mathur, New Delhi
18. Mr Vijay Chaturvedi, New Delhi
19. Dr Ritu Chawala, New Delhi
20. Devani Charity, New Delhi
21. Mrs Indira Mahalanobis
22. Mr Pawan Tewatia, Faridabad
23. Mrs Monica Mahajan, New Delhi
24. Mrs Mamta Bhargava, New Delhi
25. Mr Ajay Gupta, New Delhi
26. Dr Prasoon Chatterji
27. Mr Prateek Bhardwaj
28. Balaji Sewa Parivar
29. Mr B K Sewak
30. Mrs & Mr Rakesh Diwan, New Delhi
31. Mr Shri Niwas Agrawal

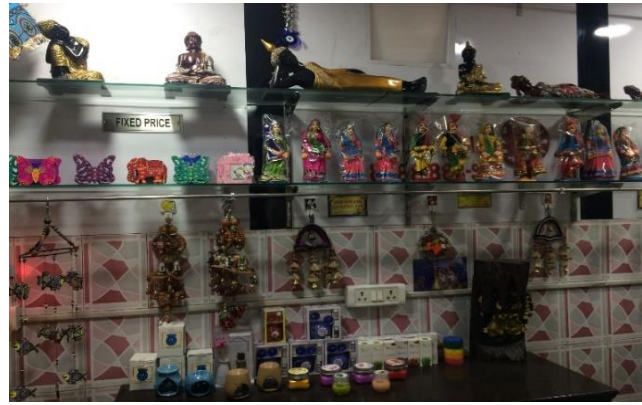
Clubs and Trusts

1. Mrs & Mr Amar Kapoor
2. Meenakshi Devi Matto Charitable Trust
3. Mr S. S. Jain President, Delhi, Bharat Vikas Foundation
4. Anaya Club, New Delhi
5. Rotary Club of Delhi
6. Inner Wheel Club Sainik Farm
7. Inner Wheel Club Greater Kailash
8. Inner wheel club of Delhi vikas
9. Inner wheel club of Delhi Midtown
10. Inner Wheel Club Delhi Main
11. Inner Wheel Club Faridabad
12. Ls Club Delhi South
13. Shri Ratan Lal Foundation
14. S. Ujjal Singh Trust
15. Ajmera Charitable Trust
16. Sanganeria Foundation for Health and Education
17. Sawan Kripal Ruhani Mission
18. Shri L R Aggarwal (Krishi Rasayan)
19. Bashi Ram Virodevi Trust
20. Mahila Sangam
21. Narsing Das Jan Seva Samiti
22. Singhvi Charitable Trust
23. Garima Club

Year Highlights 2016-2017



Lift Installation by Mr. Arjun Lamba sponsored by Help Age India.



Set up of Gallery 'PARAMARTH'- an initiative by SHEOWS.



Roti maker and dough maker donated by Ms. Lalita Rakyan, Anaya Club, Delhi.



Set up of new ICU with accommodation of 10 patients sponsored by MetLife.



Addition of electrolyte machine and biochemistry machine in pathology lab.



AC accommodation for all the elderly residents.